

Price list 2019

VitalHotel Ascona



A holiday of inestimable worth.



Zur Amtsheide 4, 29549 Bad Bevensen, Tel.: +49 (0) 5821 /550
www.hotelascona.de info@hotelascona.de

Prices 2019

Single rooms per person/night incl. breakfast buffet

small single room	ab Euro 52,00
main house north & annex southwest	
standard single room	ab Euro 60,00
annex southwest	
comfort single room	ab Euro 66,00
main house south	
luxury single room	ab Euro 75,00
annex southwest	

Double rooms per person/night incl. breakfast buffet

standard double room	ab Euro 55,00
main house north	
comfort double room	ab Euro 61,00
main house south	
combined double room	ab Euro 60,00
annex southwest	
luxury double room	ab Euro 70,00
annex southwest /main house south & northwest	

Our prices depend on the season

& booking situation of the hotel at the time of booking!

All prices in EURO incl. breakfast and VAT per person and day.

Half board Euro 23,00 per person and day – full board Euro 29,00 per person and day.

For booking of one to three nights we charge a surcharge from EURO 5,00 per person and day. City tax at the moment low season € 2,70/high season € 3,00 per person/day. In all 7-days-packages of this price list our wellness package (bathrobe, sauna towel and bathing shoes) is included. For all other packages and prices the wellness package can be booked for a one-time fee of EURO 4,00.

Guests of the „Ascona Club“ receive on above-mentioned room rates the following discounts: upon 7 nights=3% discount & upon 14 nights=5% discount & upon 21 nights=7 % discount

Prices 2019

SHORT AND GOOD

(ARRANGEMENTS PER STAY NOT MULTIPLE BOOKABLE)

ASCONA TO GET TO KNOW:

- 2 nights incl. breakfast buffet
- 2 x half board
- 1 x cocktail „Ascona“
- 1 x entry to the iodine brine thermal spa à 180 min incl. sauna & brine

2 nights

from Euro 165,00 to Euro 195,00

per person in double room / single room plus Euro 5,00 per day
Prices depend on utilisation of the hotel at the time of booking!

3-DAYS-SYMPHONY:

- 3 nights incl. breakfast buffet
- 2 x half board
- 1 x 3-courses-surprising menu
- 1 x cocktail „Ascona“
- 1 x back massage

3 nights

from Euro 249,00 to Euro 294,00

per person in double room / single room plus Euro 5,00 per day
Prices depend on utilisation of the hotel at the time of booking!

Regular guest benefits 2019/2020:

discounts up to 7% on overnight stay/breakfast

- up to 30,- Euro per year given
- up to 20% discount on cosmetical treatments
- fruit basket in the room at arrival day
- wellness package included
- Upgrade according to availability
- Late Check according to availability

Direct booking with us in the hotel is worthwhile. With us you always get the same or even a cheaper price than on the internet!



Prices 2019

BEAUTY & WELLNESS

TWO, FOUR OR FIVE LOVELY DAYS:

- 2, 4 oder 5 nights incl. breakfast buffet
- half board included
- 1 x neck- & facial massage
- 1 x cocktail „Ascona“

2 nights

from Euro 885,00 to Euro 219,00

per person in double room / single room plus Euro 5,00 per day
Prices depend on utilisation of the hotel at the time of booking!

4 nights

from Euro 340,00 to Euro 400,00

per person in double room / single room plus Euro 5,00 per day
Prices depend on utilisation of the hotel at the time of booking!

5 nights

from Euro 410,00 to Euro 485,00

per person in double room / single room plus Euro 5,00 per day
Prices depend on utilisation of the hotel at the time of booking!

BEAUTY DAY-ARRANGEMENTS

Beauty Cocktail	Euro 115,00
1 small facial treatment, 1 pedicure, 1 hot stone back massage, 1 Cocktail „Ascona“ & 1 fruit salad	
Angels Face	Euro 147,00
1 big facial treatment, 1 Ayurveda foot massage, 1 manicure incl. hand massage, 1 pedicure, wellness tea, 1 Cocktail „Angel's Face“ & 1 fruit salad	
Mann-hattan (for him)	Euro 65,00
1 hot stone back massage, 1 pedicure, wellness tea, 1 Cocktail „Manhattan“ & 1 fruit salad	

For beauty arrangements, arrivals are required until 1pm because the treatments can start early. Book treatments on time!

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GOODBYE DAILY ROUTINE.....

CHANGE OF SCENE MADE EASY:

- 7, 14 or 21 nights incl. breakfast buffet
- half board included
- 1 x entry to the iodine brine thermal spa à 180 min incl. sauna & brine
- 1 x cocktail „Ascona“
- fruit basket in the room at arrival day

7 nights

from Euro 511,00 to Euro 616,00

per person in double room / single room plus Euro 5,00 per day
Prices depend on utilisation of the hotel at the time of booking!

14 nights

from Euro 987,00 to Euro 1197,00

per person in double room / single room plus Euro 5,00 per day
Prices depend on utilisation of the hotel at the time of booking!

21 nights

from Euro 1449,00 to Euro 1764,00

per person in double room / single room plus Euro 5,00 per day
Prices depend on utilisation of the hotel at the time of booking!

HEALTH & PREVENTION (additional bookalbe)

Short break Euro 65,00

3 x neck massage (10'), 1 x foot reflexology massage (25')

To get to know Euro 69,00

1 x vitalizing back massage (20'), 1 x foot reflexology massage (25'),
1 x wellness bath

Massage und warmth Euro 125,00

3 x warmth with basalt stones & 3 x vitalizing back massage,
1 x wellness bath, 1 x foot reflexology massage

Beck special

Euro 120,00

1 x spine treatment according to Dorn Breuss or energetically spine
straightening (45'), 1 x back gym/exercises (30'), 1 x Ayurveda full



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HEALTH AND PREVENTION

*Finding the start of a healthier life on vacation!
We will find the right program for detoxifying,
purify or lose weight.*

Base fasting

A nutrition that is based on bases has a prophylactic effect,
improves already existing mood disorders and diseases
and also raises well-being.

Fasting for healthy people

The conscious temporary renunciation of solid food, the letting
go and the retreat to oneself, create a richness that has already while
fasting triggered a big „Aha effect“.

Schrothkur according to J. Schroth

The Schrothkur is a holistic naturopathic treatment in which
the body is thoroughly deacidified and detoxified. The combination
of Schrothkur and wellness holidays is an ideal way to forget
everyday stress. **Schrothkur – arrival day: Sunday**

Reducing diet

Gentle way to reduce weight due reduced and balanced diet.
800, 1000 or 1200 cal distributed throughout the day.

Almased vital week (s)

Systematically reduce weight with Almased 4-phases and overcome
the „Jojo“ effect to be successful for a long time.

Because of the limited number of rooms for the Schrothkur we
recommend a long-term of planning.

A change on location to another program is possible.

We will be pleased to advise you on reasonable possibilities.

For the Schrothkur and fasting for healthy a safety certificate from your
familiar doctor is necessary.

Alternatively you can sign a disclaimer on location!



Prices 2019

HEALTH AND PREVENTION

Finding the start of a healthier life on vacation!

All five health packages include:

- intensive introduction/ tips for the diet
- incl. meals depending on the program
- incl. drinks depending on the program
- incl. extensive sport program

**Base fasting, fasting for healthy people,
Schrothkur, reducing diet and Almased vital**

week(s)

7 nights

from Euro 581,00 to Euro 651,00

per person in double room / single room plus EURO 5,00 per day.
Prices depend on utilisation of the hotel at the time of booking!

14 nights

from Euro 1120,00 to Euro 1260,00

per person in double room / single room plus EURO 5,00 per day.
Prices depend on utilisation of the hotel at the time of booking!

21 nights

from Euro 1638,00 to Euro 1848,00

per person in double room / single room plus EURO 5,00 per day.



Active- and vital weeks

Being together in a group is easier. It doesn't matter if fasting for healthy, base fasting, Schrothkur or reducing diet – during the active and vital weeks you are not alone and can achieve YOUR goal in a group.

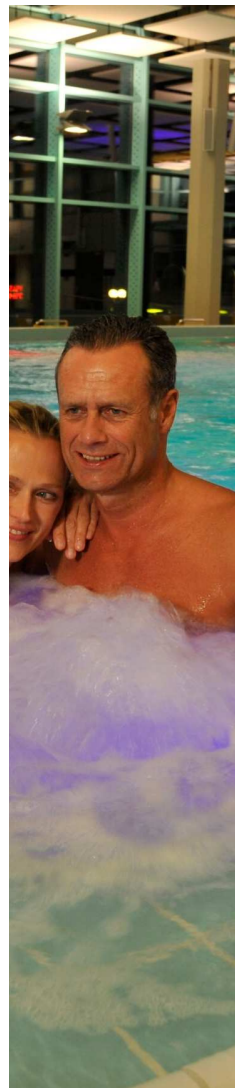
1 x Ayurveda full body massage, increased sports program with walking, aqua gymnastics, back school, pilates, different kinds of relaxation exercises.

Euro 89,00 p.p.

dates:

13.01.2019 - 20.01.2019, 10.02.2019 - 17.02.2019,

10.03.2019-17.03.2019, 27.10.2019-03.11.2019, 24.11.2019-01.12.2019



Prices 2019

HEALTH AND PREVENTION

SEA BREEZE AT THE SALT CAVE:

- 4/7 nights incl. breakfast buffet
- 4/7 x half board
- 3/5 x entry to the salt cave à 45 min
- 1 x cocktail „Ascona“

4 nights

from Euro 324,00 to Euro 384,00

per person in double room / single room plus EURO 5,00 per day.
Prices depend on utilisation of the hotel at the time of booking!

7 nights

from Euro 518,00 to Euro 616,00

per person in double room / single room plus EURO 5,00 per day.
Prices depend on utilisation of the hotel at the time of booking!

THERMAL BATH:

- 3/4/7 nights incl. breakfast buffet
- 3/4/7 x half board
- 3/4/7 x all-day entry to the iodine brine thermal spa incl. sauna & brine
- 1 cocktail „Ascona“

3 nights

from Euro 267,00 to Euro 312,00

per person in double room / single room plus EURO 5,00 per day.
Prices depend on utilisation of the hotel at the time of booking!

4 nights

from Euro 360,00 to 420,00

per person in double room / single room plus EURO 5,00 per day.
Prices depend on utilisation of the hotel at the time of booking!

7 nights

from Euro 616,00 to Euro 721,00

per person in double room / single room plus EURO 5,00 per day.
Prices depend on utilisation of the hotel at the time of booking!

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ACTIVE

NORDIC WALKING:

- 3 nights incl. breakfast buffet
- 3 x half board (also „wellness nutrition“ possible)
- 1 x hot stone back massage
- 1 x Nordic walking map
- Nordic walking – incl. sticks (for rent)
- 1 x introduction and orienteering walk
- 1 x cocktail „Ascona“

3 nights

from Euro 264,00 to Euro 309,00

per person in double room / single room plus EURO 5,00 per day.
Prices depend on utilisation of the hotel at the time of booking!

RADWANDER ODER WANDERN:

- 3/4 nights incl. breakfast buffet
- 3/4 x half board (also „wellness nutrition“ possible)
- bicycle for rent (depends on availability)
- 1 x cocktail „Ascona“
- 1 x wander-/cycling map
- 1 x packed lunch
- 1 entry to the iodine brine thermal spa à 180 min incl. sauna & brine

3 nights

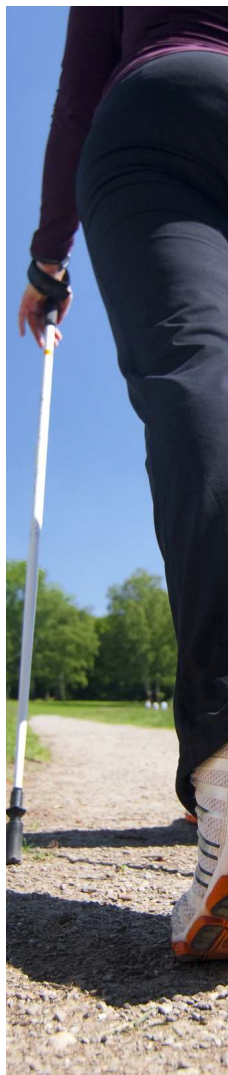
from Euro 255,00 to Euro 300,00

per person in double room / single room plus EURO 5,00 per day.
Prices depend on utilisation of the hotel at the time of booking!

4 nights

from Euro 356,00 to Euro 416,00

per person in double room / single room plus EURO 5,00 per day.
Prices depend on utilisation of the hotel at the time of booking!



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GOLF

BIRDIE SMALL:

- 2 nights incl. breakfast buffet
- 1 x half board
- 1 x 4-courses-surprising-menu
- 1 x greenfee at golf club Bad Bevensen
- 1 x cocktail „Ascona“

2 nights

from Euro 219,00 to Euro 249,00

per person in double room / single room plus EURO 5,00 per day.
Prices depend on utilisation of the hotel at the time of booking!

BIRDIE BIG:

- 5 nights incl. breakfast buffet
- 4 x half board
- 1 x 4-courses-surprising-menu
- 1 x Heidegolfkarte (4 x greenfee on courses of the Heidegolf Card)
- 1 x cocktail „Ascona“

5 nights

from Euro 510,00 to Euro 585,00

per person in double room / single room plus EURO 5,00 per day.
Prices depend on utilisation of the hotel at the time of booking!

The order of the Heidegolf Card requires 3 working days - the regulations of the Heidegolf Card apply (Clubhaus AG) – membership in a registered golf club or the VcG and a core requirement of at least 54 is necessary for both packages.

We will gladly send you our golf brochure with further information.

Prices 2019

PUBLIC HOLIDAYS

PENTECOST & ASCENSION DAY 2019:

- 4 nights incl. breakfast buffet
- 3/6 x half board
- 1 x speciality buffet
- 1 x Cocktail „Ascona“

EASTER 2019 – THE HIDDEN EGG:

- 4 or 7 nights incl. breakfast buffet
- 2/5 x half board
- 1 x Easter-gala-buffet
- 1 x Easter Lamb menu
- 1 x searching for „The hidden egg“
- 1 x Eastercocktail

4 nights

Euro 369,00

per person in double room / single room plus EURO 5,00 per day.

7 nights

Euro 602,00

per person in double room / single room plus EURO 5,00 per day.

CHRISTMAS 2019/20:

- 5 or 7 nights incl. breakfast buffet
- 5/7 x half board incl. feast menus and gala buffet (as part of the half board)
- varied christmas program
- celebration on Christmas Eve

5 nights

Euro 505,00

per person in double room / single room plus EURO 5,00 per day.

7 nights

Euro 651,00

per person in double room / single room plus EURO 5,00 per day.



Prices 2019

PUBLIC HOLIDAYS

NEW YEAR'S EVE 2019/2020:

- 3/4 or 7 incl. breakfast buffet
- 2/3/6 x half board
- New Year's Eve incl. 4-courses-menu, live music, entertainment and rustic midnight-buffet
- New Year's Day-hike

3 nights

Euro 339,00

per person in double room / single room plus EURO 5,00 per day.

4 nights

Euro 416,00

per person in double room / single room plus EURO 5,00 per day.

7 nights

Euro 651,00

per person in double room / single room plus EURO 5,00 per day.

CHRISTMAS & NEW YEAR'S EVE

- 14 incl. breakfast buffet
- 12 x half board – 1 x gala buffet
- 1 x New Year's Eve-menu
- all content of the two packages

14 nights

Euro 1.288,00

per person in double room / single room plus EURO 5,00 per day.

Notes to our arrangements:

All prices are per person for overnight stay in a standard single or double room.

With all offers that include half board a change on full board is possible (EURO 6,00 per day / person).

Changes reserved!!

For more information please call us: +49 – (0) 5821-550.

We look forward to welcome you to our hotel!